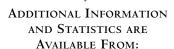
YOU CAN MAKE A DIFFERENCE

Information,
Prevention and
Treatment Referrals, and
Other Resources are
Available 24 hours a Day
from the Massachusetts
Substance Abuse
Information and
Education Helpline/
The Medical Foundation.

800-327-5050 (TOLL-FREE; MULTI-LINGUAL) TTY: 617-536-5872 WWW.HELPLINE-ONLINE.COM



- Massachusetts Youth Health Survey, October 2002 www.state.ma.us/dph/bsas
- Massachusetts Youth Risk Behavior Survey www.doe.mass.edu/hssss/yrbs/ 01/results.pdf
- National Center on Addiction and Substance Abuse at Columbia University www.casacolumbia.org
- Monitoring the Future, Overview of Key Findings 2002 www.monitoringthefuture.org
- Office of National Drug Control Policy www.whitehousedrugpolicy.gov
- Parents. The Anti Drug www.theantidrug.com
- Partnership for a Drug-Free America www.drugfreeamerica.org
- U. S. Department of Health and Human Services www.health.org

Be the first to TALK WITH YOUR PRE-TEEN about ALCOHOL, TOBACCO, and other DRUGS

INFORMATION FOR FAMILIES



CLUB DRUGS

WHAT ARE THEY?

- Wide variety of mind-altering drugs sometimes used at all-night dance parties (raves); includes Ecstasy (MDMA), Rohypnol, GHB (gammahydroxybutyrate).
- Looks like white powder, tablets, capsules, clear liquid, or suppository
- Can be taken orally, injected, inhaled, used in suppositories, snorted, added to marijuana or tobacco, or mixed in drinks
- Also called ex, roofies, date rape drug, adam, essence, hug, beans, or love drug

STATISTICS

- The number of teens trying Ecstasy has increased 71% since 1999.
- 4% of 8th graders report having used Ecstasy at least once.

RISKS

- The risks of using specific club drugs may vary. For more information see http://store.health.org/catalog/facts.aspx?topic=13
- Risks increase when used with alcohol
- May be put in an unsuspecting person's drink in order to commit sexual assault
- May be laced with other harmful substances
- Death, coma, brain damage, stroke, seizures
- Vomiting, shaking, confusion, blurred vision, depression, anxiety, paranoia, sometimes weeks after drug is taken
- Poor memory and learning
- Increased heart rate and blood pressure; sharp increase in body temperature
- Addiction

WHAT TO LOOK FOR

- Confusion, depression, sleep problems, anxiety, loss of appetite, excessive thirst
- Tense muscles, clenched teeth, rapid eye movement, faintness, chills, sweating
- Pacifiers (for teeth clenching)

Click here for

SOURCES OF STATISTICS